Description of projects:
PARC involved in various research activities to promote physical activity in the community. Objective research and consultation is being provided through Partnership and Research Excellence.

Research Members:
1. Ms. Yughdtheswari Muniandy
2. Mr. Rajkumar Krishnan Vasanthi
3. Ms. Ambusam
4. Mr. Jim Brown Clement
5. Ms. Siti Hazirah

Research Grant:


Leader:
Mr. Thirumalaya Balaraman

Email:
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Selected Publications:


**Completed Projects:**

Environmental Influence on Physical Activity and Healthy Eating in a private university in Malaysia.

Environmental Influence on Physical Activity among Primary School Children in Kulim.

Personal physical activity behaviors and self-perceived barriers among physiotherapist working in Malaysia.

Development and pilot testing of a fall risk assessment smartphone application.

Cardiorespiratory fitness, physical activity level, body mass index and blood pressure among university students in Negeri Sembilan.

**Recent Conference Presentations:**


Public event Organised:

Hiking at Melati Hill -21 March 2018 & 3rd Oct 2018
Physio Charity Run 2018 -7 April 2018

Health screening at Polymer Composite Asia, Nilai 3 May 2018, 9 am – 5 pm

Community Charity Event - Kempen kesihatan sekeluarga 2018 jointly organized by persatuan kesedaran wanita negeri Selangor and PARC INTI 21 July 2018

Physio for the Folks – with physio club - 15 September 2018

World Physiotherapy Day Celebration – 4th to 6th September 2018